



Cardiologist Discussion Guide

Sometimes, your cardiologist appointment may be shorter than you would like. It is important to prepare before your visit so you have everything your cardiologist needs and so you get all of your questions asked and answered.

Things to do before your visit

Here are some things to think about while you are still at home. Make notes about these topics in the space provided and bring your notes with you to your appointment.

What do you want to tell your cardiologist?

What do you want to ask your cardiologist?

Are you having any new symptoms?

How many angina attacks are you having per week?

What drugs and supplements are you currently taking, including the doses and how often you take them?

How are the drugs or supplements affecting you? Do you feel better, worse, the same?

*If you experience angina that doesn't go away with rest or nitroglycerin, seek medical attention immediately.

